

BY
JEDI STEVE
AND THE
FOXTAILAPP.COM
SEX POSITIVE COMMUNITY...



LIZZY AND ME

#SDSU #LIZZYANDME

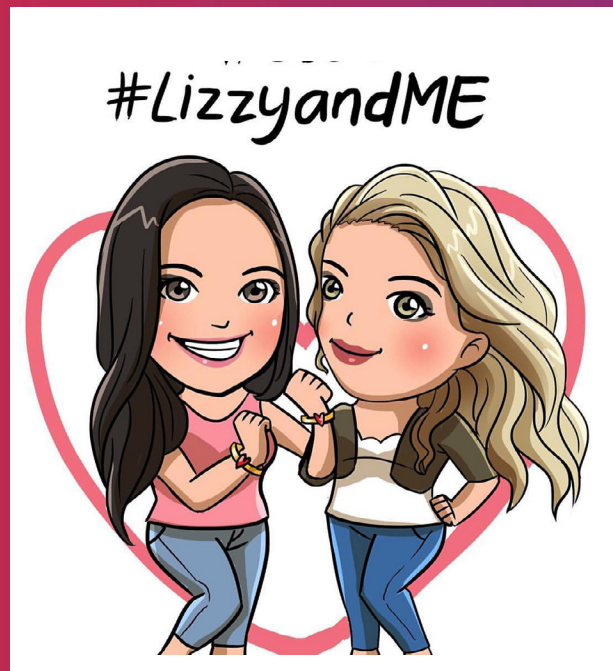
IS DEDICATED TO ENDING SEXUAL VIOLENCE
FOR WOMEN, CHILDREN AND SEXUAL MINORITIES....



Welcome The #LizzyandMe Global Movement...

#SDSU #LizzyandME is dedicated to ending sexual violence for Women, Children and Sexual Minorities....

Frustrated by the #Metoo epidemic a group of SDSU students and Community banded together to create The Global #LizzyandME Movement.



The fact that we live in a world where violence toward women and children is socially accepted and even welcomed in some circles. Every time you listen to the news or watch the television, you see it; it stares us right in the face and we sit by and do nothing. We say NO MORE! Lizzy and Me Breathing for Peace is about taking our communities back and standing up for what is right in the world. No longer will the people remain quiet; we will shout it from the rooftops and our highest peaks until our voices, their voices, are heard.

Join the conversation #SDSU #LizzyandMe



A Simple Guide 10 Year Celebration

We are living in a day and age that someone can post on a blog that says Let's cure cancer today. People from all over the world can then post their ideas, and by the end of the day we can bind it up in a book, hand it to someone and say here is how you cure cancer or depression or Alzheimer or Homelessness etc.

If even one percent of the population or even just one percent of one percent posted their ideas in one day, you'd have enough information to fill a book.

And with the modern miracle of on-demand publishing, that book could be available the very next day and that info could be used to start curing people.

This world wide network will co-create conscious solutions and all the resources for implementation.

To get involved please go to www.ASimpleGuidePublishing.com



Foxtail

The Ultimate Guide to
EROTIC ART OF FIRE PLAY
B L O G A R T I C L E

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LIZZY AND ME



Part 1 “Introduction”

Good Morning, Good Day,
and/or Good Night,
Whatever applies to you
Is surely quite right.

Wherever you are
Whatever you see,
If you are challenged in life
By some mystery:

My name is Lizzy
And I LOVE to dream,
Big BIG imaginations
With a beautiful gleam.
Join this conversation

In a community test,
Try changing the world
To bring out our best.

During this journey
I have just one request,
That can only be met
With a resounding YES!!!



LIZZY AND ME



Part 2 “A Trail to Two Tias”

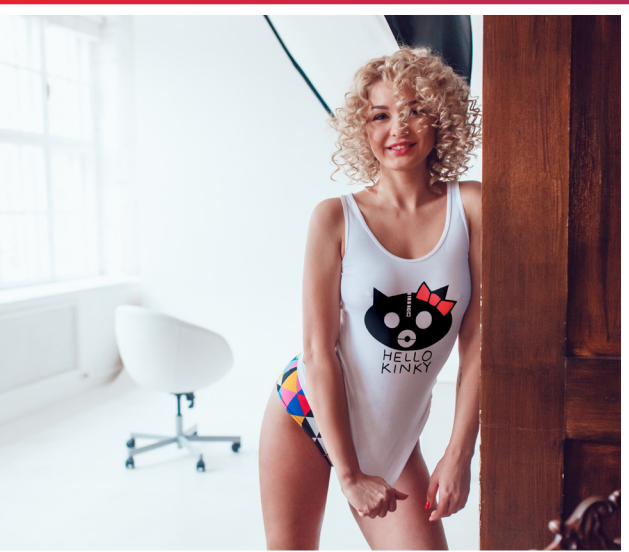
With A Resounding YES let's join Lizzy on her way to visit her Two Tias
Lizzy always love to visit her Two Tia Claudia and Victoria, and Lizzy has been
there so may times she never would get lost.

But this time was different
In the darkness of the night
Lizzy lost her path
It doesn't feel right.
The path was muddy
And really real wet,
Without any reason
Not a drop of rain yet.
While Lizzy was walking
She slipped in a deep black hole
With herds of Darkness
Eclipsing her soul.
As Lizzy was falling
In this deep deep deep black hole
With no end in sight
A life out of control.



What happened to Lizzy?
I am sure you'll agree,
It wasn't her fault
Like rough waves in the sea.

On a separate sheet of Paper in
your own way, express yourself
in words or art sharing a tragedy
that happened to you and/or
someone you know...





LIZZY AND ME



Part 3 “At the bottom of the hole”

At the bottom of the hole
Lizzy felt so all alone,
Blinded by the Tragedy
In this scary scary zone.

Will she ever find peace?
From the harm within her heart,
Her body, mind and Spirit
Are very pulled apart.

Lots of pain and suffering
Shaking through her soul,
Doubt, Shame and Hopelessness
Appears beyond control.



Then Lizzy whispered to herself

How will I survive?
A nightmare of reality,
Courage to move on
Finding Strength and Vitality.

Right there in one moment
Hope once again returns,
Sounds of celestial voices
Befriending her concerns.





Part 4 “Jeans for Justice Love Ninjas”

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It turns out that off in the distance not that far away the Love Ninjas were gathered for their daily sisterhood rituals.

We are Jeans for Justice
Compassion to the core
Courage to rise in Sisterhood
Is what we all stand for.

Community Bonding
With Justice in Motion,
A Natural Renaissance
Deeper than any ocean.

In a moment Jess the leader of the Love Ninjas gets a feeling that one of her sisters she hasn't met yet needs her. As the Jeans for Justice Love Ninjas are still singing Jess goes on a journey to find Lizzy.

Shifting out the darkness
To the brightness of Days,
Healing the scars
Restore to amaze.



Then they went on to sing a part that appeared to be written for Lizzy

In the arms of an Angel
With one broken wing,
With just a little hope
She will soon sing.

Love is her best weapon
She just needs to reload,
To strengthen her path
And illuminate her road.

As the Jeans for Justice Love Ninjas help Lizzy Mentally, Physically and Emotionally out of her black hole they held her hand on the way to her two Tias house Claudia and Victoria.



LIZZY AND ME



Part 5 “Lizzy and Me Delivered”

Jess and the Love Ninjas delivered Lizzy to her two Tias house with a gift of brand new blue pair of Jeans.

As she walked to their house
She felt so all alone
Slowly Slowly walking
Step by Step on cobblestone.

Overwhelmed by these dark feelings
Did I do something wrong?
Blame, Shame and Hopelessness
Carrying my thoughts along.



How will I keep this secret?
From those that I do love,
Maybe I will fake a smile
Hiding from this tragedy I'm tired of.
Before Lizzy knew it
She was standing at the front door,
Having no idea
What she was headed for.

Knocking very softly
Crying deep inside,
Wanting to leave
Wanting to run and hide.



LIZZY AND ME



Part 6 “Something is amiss.”

Both Claudia and Victoria
Answered the door,
Strength and Beauty
Is what they stand for.

They always met Lizzy
With a hug and a kiss,
But now they had a feeling
Something is amiss.

You could tell by her expression
The look on her face,
Something was wrong
She was in a bad place.

They gave her space
Respected her bounds,
Surrounding with love
Love always compounds.

Tias shared some stories
With their Angelica Glow,
Lessons of hope
From now and long ago.



They got Lizzy thinking
Should I ask for help?
How can I hide my feelings?
Inside they Yelp and Yelp!!!

I will just be a load
This is not their concern,
I will find my own way
This is how I learn.

Wow how the time flies
It was time for bed,
And the rain started pouring
Just like the thoughts in Lizzy's head.



Part 7 “Silent Night”

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Lizzy sat up that night
Thoughts dancing in her brain
Couldn't find peace in sleep
Just nightmares in the rain.

Wondering what to do
She just didn't know
Holding really tightly
Afraid of letting go.

Should I share my secrets
With my Tias I love so,
I am out of answers
Maybe they will know.

Right there in the moment
Lizzy heard a loud loud scream
The kind that wakes up everyone
With future lessons of self esteem.



It was her Tia Victoria
Who is afraid of bugs,
Especially a hissing cockroach
And maybe even slugs.

The cockroach snuck in her room
It snuck under her door,
She screamed and screamed and
screamed
Louder than ever before.

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Children and Sexual Minorities....





Part 8 “Lizzy saves the day”

Lizzy went into her Tia Victoria's room and there was a Madagascar hissing cockroach on her bed...



A Hissing Hissing Cockroach
Ran onto the bed,
Very very Scary
Creeping to her head.

Lizzy jumped on the bed
With all of her might
Showing lots of courage
And little little fright.

She extended her arm
Getting the roach in her grasp,
Because of Lizzy
This fear will not last.

You can only imagine
Lizzy save the day,
Finding courage within
In an amazing way.

Right then Lizzy could see
She surrendered her own fears,
Which sparked a good cry
Of her happy tears.
This was just a small step
Just a small step by all means,
Just a small step
To follow her dreams.



LIZZY AND ME



We need fresh thinking
To discover something new,
Small steps turn to large ones
Before this journey is through.

Because of her courage
Because of her fight,
Lizzy found freedom
To sleep through the night.

Remember the Jeans Lizzy got as a gift,
guess what happened to the Jeans while
they were in the other room alone

In a moment Lizzy sets the
Madagascar hissing cockroach on
the window sill and it turns into the
freedom butterfly. And flies away.

Because of her courage
Because of her might
Out of nowhere
They glowed in the night.

In your own way on a separate
piece of paper draw The Freedom
Butterfly and/or Lizzy Sleeping in
Peace.

Right through the pockets
Right through the seams,
An outward expression
Of her self Esteem.





LIZZY AND ME



Part 9 “Deeper in the Darkness”

When Lizzy wakes up in the morning
she puts on the Jeans she got from Jess
and goes outside. While she is outside
Lizzy sees the Freedom Butterfly and
decides to follow it on a Journey.

Just right now let us Join Lizzy, As she
follows The Freedom Butterfly into a
crack in a cliff just big enough to fit
Lizzy's whole body.

What started as a crack
Transformed into a narrow cave,
Deeper in the Darkness
How is she so brave?

As Lizzy goes Deeper
There is little little air,
Deeper in the Darkness
Grows and Grows despair.

Where did the butterfly wonder?
Where did the butterfly go?
Will this path lead to freedom?
Will I find my glow?

Questions upon questions
To illuminated her Sixth-Sense,
A Stronger Deeper Power
And end to this suspense.

Right then in this moment
She connected with her core
Deeper in the Darkness
Deeper than ever before.

Lessons from the Love Ninjas
A sisterhood love bunch
A return to conscious breathing
To fuel our natural hunch.

Right Now, join Lizzy in a conscious
breath of compassion to help her find
her way....





Part 10 BE IT, LEAD IT and LIVE IT!!!

Right after Lizzy takes a conscious breath of compassion she remembers the lessons of the Jeans for Justice Love Ninjas and her Two Tias as she whispers to herself.

A Brick by Brick foundation
To mobilize our peers
A solution for any challenge
Building Strength out of Tears.



LIZZY AND ME



The more Lizzy repeats, her whispers gets louder than words as she repeats the lessons from her mentors at Jeans for Justice.

JUSTICE IN MOTION

BE IT, LEAD IT and LIVE IT!!!

LOVE YOURSELF

EXPRESS YOURSELF

BODY, MIND AND SOUL

BE IT, LEAD IT and LIVE IT!!!

And all of the sudden Lizzy noticed the more and more she believes in and loves herself the more the Gems on her Jeans started to glow one at a time...and it goes a little something like this.

In the darkness of the cave
Darkness from head to toe,
Lizzy found her freedom
Lizzy found her glow.

BE IT, LEAD IT and LIVE IT!!!

A journey through the darkness
Like the darkness of a crow,
Lizzy found her strength
Her strength to grow and grow.

BE IT, LEAD IT and LIVE IT!!!

Lead out of the darkness
And out of the cave,
She found her way home
The day was just saved.



LIZZY AND ME



BE IT, LEAD IT and LIVE IT!!!

Remember at the beginning of this journey
Lizzy had just one request
That we all met with a big resounding YES!!!

Listen to Lizzy as she share her request delivered to us in one conscious breath

LOVE ALL THE WORLD'S CHILDREN AND KEEP US ALL SAFE :)

BE IT,

LEAD IT

and LIVE IT!!!

Right Now in your community "LOVE ALL THE WORLD's CHILDREN AND KEEP US
ALL SAFE

LOVE LOVE LOVE,

Lizzy and ME
#Breathing4Peace





Cannabis Wellness Party

WHAT ARE THE BIGGEST SAFETY CHALLENGES FOR (SEX POSITIVE) ONLINE DATING? AND WHAT ARE THE 7 BEST STRATEGIES TO KEEP OURSELVES SAFE?

THE CHALLENGES AND SOLUTION TO ONLINE DATING



***THIS RESEARCH WAS PAID FOR BY CANNABISWELLNESSPARTY.COM**

Online dating is a system of affectionate connections between two individuals over the internet. The goal of this communication might vary as some get involved in this romantic gesture for reasons like grade, intimacy, finances, etc.

A wide range of platforms offers these services based on individual profiles. But, first, you have to create a portfolio and upload content(video, image, or text) that intrigues the intended partner to pick interest in you.

Creating a profile on most services enables you to access other's information and decide if it is appropriate to initiate a conversation or not. Then, based on preference, members can limit interaction to online space or take the communication to another level by meeting physically.

THE CHALLENGES OF ONLINE DATING

A popular challenge of online dating is that a partner might be skeptical about providing authentic information about themselves. Although you are communicating with a natural person, the personal details provided by the one you are relating with might not be what you assume. Most times, trauma from this dishonesty can damage someone's life.



The addition of the internet has made dating more complicated and frustrating. Before current civilization, dating used to be a face-to-face interaction where people get to know the kind of person that interests them. Still, now, numerous applications make it easy to meet people.

Individuals used to online dating might find it challenging to meet people in real life, thereby depriving them of possible opportunities. Similarly, as someone that spends more duration on a dating platform, meeting for the first time might be challenging as you have to think of your safety, especially for women.



Although everyone has a choice as to what makes them comfortable in the aspect of safety precaution, there are essential tips to consider in the first encounter meeting, some of which include meeting in a public place.

Similarly, inform a family member, friend, or colleague of your outing and provide the online details and picture of the person you want to meet as you don't leave your meal or drink unattended throughout the expedition.

Although online dating helped numerous individuals find their soulmates. However, do not get carried away with it, as these services can affect your mental health and self-esteem. The internet provides an avenue for individuals to connect irrespective of social class. As clarified above, choosing online dating to communicate with new people depends on preference.

SEVEN STRATEGIES TO STAY SAFE DURING ONLINE DATING

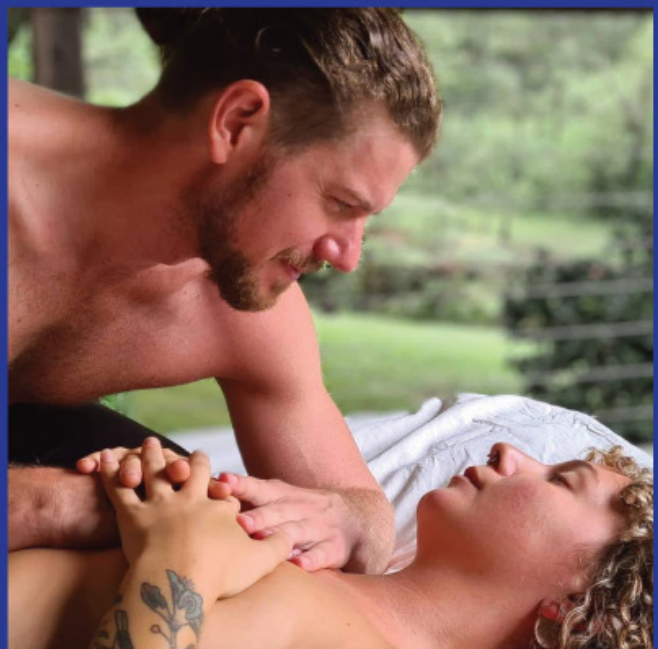
1. DON'T GIVE OUT EXCESS INFORMATION ABOUT YOURSELF

Yes, you indeed need to introduce yourself and let your partner know a bit about you. However, it is hazardous to share vital information with someone you don't know personally. So avoid questions like where do you live? How much do you earn? Where do you work?

2. DON'T FEEL ASHAMED TO SAY "NO."

If you notice the conversation is getting too lengthy and your partner is asking too much, you have a right to say "NO." However, some individuals might feel reluctant to reply because they feel it may turn off their partner.

Well, it is best to protect yourself from heartbreak or fraud by keeping vital information to yourself. Then, whenever you have a conversation with anyone, you change your mind and don't feel uncomfortable saying "NO."



3. ENSURE TO MEET ONLY AT A PUBLIC PLACE

Irrespective of how you feel about your online friend or partner. It is essential to emphasize that you should only meet them in public places for your safety. You can decide to meet at an eatery, stadium, cinema, etc. The location you should suggest must be where you can quickly get security access if an unwanted event occurs.

4. INFORM SOMEONE IF YOU PLAN TO MEET YOUR FRIEND/PARTNER

Don't make the mistake of going out with someone you meet online without informing a close relative or friend. First, give them details of the person you want to meet and the expected time you should be back. Then, during the conversation with your online date, ensure your friend checks up on you periodically.

5. IF THERE IS A NEED FOR DRIVING, DRIVE YOURSELF

Don't allow your online date to pick you up at the designated place. Take public transport if you don't have a personal car. Irrespective of how friendly the person sounds online, first think of your security.

6. STAY ALERT

You need a little bit of courage when dealing with online dates. Furthermore, you can decide to stay away from alcohol or anything that will make you feel tipsy during the meeting. If you get drunk mistakenly, call a cab and go home.



7. IF YOU NOTICE ANY IRREGULARITIES, TAKE ACTION

When you feel uncomfortable anywhere, don't be afraid to leave. In addition, pay attention to your environment and conversation. Finally, if you sense any terrible vibes, feel free to leave.

CONCLUSION

Online dating is safe and fun if you pay attention to necessary information and consider your safety utmost. As clarified above, if you sense any irregularities during the meeting, don't feel threatened to leave.

REFERENCE

- ▶ <https://mysinglefriendblog.com/blog/2018/4/12/10-tips-for-a-safe-online-dating-experience>
- ▶ https://en.wikipedia.org/wiki/Online_dating_service



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Hello Kinky!!

18⁺

Society Stifles Sexuality
Most Of Have Unmet Sexual Needs
Fear Keeps Us From Our Truest Pleasures
We Can Help Find Others Who Share Your Kinks
Sex-positive Neighbors Within Reach!!!

What Is Your Kink?

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